Beverly Hills Counseling 204 S. Beverly Drive, #116 Beverly Hills, Ca 90212 (310)271-3784 Fax:(310)271-3785 BHCounseling@gmail.com www.BHShrink.com

"Portrait of a Friend"

I can't give solutions to all of life's problems, doubts, or fears. But I can listen to you, and together we will search for answers.

I can't change your past with all it's heartache and pain, nor the future with its untold stories. But I can be there now when you need me to care.

I can't keep your feet from stumbling.... I can only offer my hand that you may grasp it and not fall.

Your joys, triumphs, successes, and happiness are not mine; Yet I can share in your laughter.

Your decisions in life are not mine to make, nor to judge; I can only support you, encourage you, and help you when you ask.

I can't prevent you from falling away from friendship, from your values, from me.

I can only pray for you, talk to you and wait for you.

I can't give you boundaries which I have determined for you, But I can give you the room to change, room to grow, room to be yourself.

I can't keep your heart from breaking and hurting, But I can cry with you and help you pick up the pieces and put them back in place. I can't tell you who you are. I can only care about you and be your friend. --Unknown